**Textual Description**

This app provides the information about the health and daily activities of the person. All this process is done by collecting the information from an iWatch using sensors. This app helps you track your steps, oxygen saturation, calories burnt and heart rate. It stores your previous activity in history section for your future viewing. It allows you to share your health information with others and you can even view when information is shared by others to you.

You can check your details in your profile.

TODAY:

This screen shows number of steps taken, oxygen saturation, Calories burnt and heart rate on that day. Date and time will be mentioned at the top.

This page also contains two buttons namely refresh and upload.

Refresh button helps you refresh the data and can be understood by the time being shown including seconds.

Upload button helps you to upload data into firebase and when the process is done an alert will be popped displaying upload successful if data is uploaded successfully.

HISTORY:

This screen takes data from firebase. When upload action in today tab is successful that data will be shown in this page. This page shows the previous uploads in a table view by displaying date and time of upload. When a particular one is selected the data at that time of upload will be displayed.

SHARE:

This screen shows a brief detail about sharing and helps to share your data to others using other sharing platforms. This screen also contains profile button.

PROFILE:

This screen will be opened when profile button is clicked which will be in share tab.

It again contains two options namely personal details and information about the app.

Personal details screen shows the username that you used to login and password by masking it. It also contains logout button which takes you to login page.

About page gives you a brief insight about the app and its functions.

DIFFERENCE BETWEEN IPHONE HEALTH APP AND THIS HEALTH APP:

iPhone health app needs to be removed from recents and open again to see the latest changes i.e, iPhone health app don’t have the refresh feature but this app does.

iPhone health app shows history for complete day but this app can show data from second to second if uploaded in firebase.

PROTOTYPE:

<https://marvelapp.com/prototype/ihd9g57>